

La Salle-Peru Athletic Dept.

The mission of the La Salle-Peru Athletic Department is to provide a competitive program whose foundations are based upon the principles of transforming young men and women into productive and positive members of society. Our GRIND principle consists of five core values to be taught within each program: Grit, Respect, Investment, No excuses, and Discipline. Through participation in athletics, it is our mission to teach these values and develop well-rounded individuals. We challenge each student-athlete to leave his/her legacy and to play with pride as a Cavalier.

Dan Le, Athletic Director

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<http://il.8to18.com/LaSallePeruHS/>

Facebook: La Salle-Peru Athletics & Activities

Twitter: @LPHS_Activities

Instagram: @lphsactivities

Head Coaches

Baseball: Matt Glupczynski

mglupczynski@lphs.net

Boys Basketball: Jim Cherveney

jcherveney@lphs.net

Girls Basketball: Adam Spencer

aspencer@lphs.net

Boys Bowling: Randy Gunia

rgunia@lphs.net

Girls Bowling: Jim McCabe

jmccabe@lphs.net

Cheerleading: TBD

Cavalettes: Guylene Strange

gstrange@lphs.net

Boys & Girls Cross Country: John Beatty

jbeatty@lphs.net

Football: Jose Medina

jmedina@lphs.net

Boys Golf: Randy Gunia

rgunia@lphs.net

Girls Golf: Patrick Goy

pgoy@lphs.net

Boys Soccer: David Spudic

dspudic@lphs.net

Girls Soccer: Christin Pappas

cpappas@lphs.net

Boys & Girls Swimming: Rob McNally

rmcnally@lphs.net

Boys & Girls Tennis: Aaron Guenther

aguenther@lphs.net

Boys Track & Field: Adam Spencer

aspencer@lphs.net

Girls Track & Field: John Beatty

jbeatty@lphs.net

Volleyball: Mark Haberkorn

mhaberko@lphs.net

Wrestling: Matt Rebholz

mrebholz@lphs.net

La Salle-Peru Summer Activities

Leave your **L**egacy,
Play with **P**ride



#GRINDitout



Purpose

The purpose of La Salle-Peru High School (LPHS) summer activities is to provide students with a foundation of fundamental and tactical skills to improve performance and knowledge in each sport. This brochure provides a list of activities offered this summer. Please see the attached registration forms for specific camps.

Please note that this list of summer activities is subject to change. More camps and clinics may be scheduled at a later date and will be communicated on the LPHS athletic website and on our social media pages.

Disclaimer

All participants understand and acknowledge that participation in LPHS summer activities is voluntary. Each participant must have his/her own insurance coverage. Each participant is also encouraged to have had a physical check-up within the last year. Parent/guardian agrees to release LPHS staff of any/all claims due to injuries or illnesses, including but not limited to Covid-19, sustained at LPHS summer activities. Parent/guardian give permission to the physician selected by LPHS staff to secure medical treatment if need be.

Summer Activities

Baseball

2nd-7th Grade Camp (see baseball registration form)
Mon. June 27th-Thu. June 30th, from 9:00-11:00 a.m.
Location: Dickinson Park, Oglesby

Boys Basketball

Sophomore/Varsity (see basketball registration form)
Begins Tuesday, May 31st, from 6:00-7:30 a.m.
Location: Sellett Gym, LPHS campus

Freshmen (see basketball registration form)

Begins Tuesday, May 31st, from 8:00-9:30 a.m.
Location: Sellett Gym, LPHS campus

Youth Camps (see basketball registration form)

Mon. June 13th-Thu. June 17th, from 8:00a.m.-12:00p.m.
Location: Sellett Gym, LPHS campus

Girls Basketball

JV/Varsity
Begins Tuesday, May 31st, from 3:30-5:00 p.m.
Location: Sellett Gym, LPHS campus

Freshmen

Begins Tuesday, May 31st, from 8:30-10:00 a.m.
Location: East Gym, LPHS campus

Boys Bowling

All Levels
Begins Thursday, June 2nd, from 4:00-5:00 p.m.
Location: Illinois Valley Super Bowl, Peru

Football

Varsity
Begins Monday, June 6th, from 7:00-9:00 a.m.
Location: Weight Room, LPHS campus

JV

Begins Monday, June 6th, from 8:00-10:00 a.m.
Location: Weight Room, LPHS campus

Freshmen

Begins Tuesday, May 31st, from 7:00-9:00 a.m.
Location: Howard Fellows Stadium, LPHS campus

5th-8th Grade Camp (see football registration form)

Mon. July 11th-Thu. July 14th, from 10:00-11:30 a.m.
Location: Howard Fellows Stadium, LPHS campus

Summer Activities

Cross Country

All Levels
Begins Monday, June 20th, at 7:30 a.m.
Location: Meet at LPHS main entrance

Boys Golf

All Levels
Begins Wednesday, June 8th, from 7:30-9:30 a.m.
Location: Senica's Oak Ridge Golf Club, La Salle

Girls Golf

All Levels
Begins Wednesday, July 13th, from 7:30-9:30 a.m.
Location: Senica's Oak Ridge Golf Club, La Salle

Boys Soccer

All Levels
Begins Monday, June 6th, from 10:00-11:30 a.m.
Location: LPHS Sports Complex, La Salle

Boys & Girls Tennis

All Levels (contact city of Peru)
Begins Monday, June 13th, from 9:00-10:00 a.m.
Location: Hegeler Park, La Salle

Volleyball

Varsity
Begins Monday, June 6th, from 6:30-8:30 a.m.
Location: Sellett Gym, LPHS campus

Freshmen/Sophomores

Begins Monday, June 6th, from 6:30-8:00 a.m.
Location: East Gym, LPHS campus

5th-7th Grade Camp (see volleyball registration form)

Mon. June 20th-Thu. June 23rd, from 9:00-11:00 a.m.
Location: Sellett Gym, LPHS campus

8th-9th Grade Camp (see volleyball registration form)

Mon. June 20th-Thu. June 23rd, from 11:00a.m.-1:30p.m.
Location: Sellett Gym, LPHS campus

APT Weightlifting

Open to all students (see APT registration form)
Begins Monday, June 6th
Location: Weight Room, LPHS campus

2022 Cavalier Boys Summer Basketball Camp

CAMP PURPOSE: For students entering grades 9 through 12, fundamentals will be stressed, as well as hard work and dedication. The camp is designed to teach fundamental skills in addition to competitive play. Camp will be run like in-season practices with emphasis on offensive and defensive philosophies of the boys' basketball program. See skills below:

For the Younger Campers:

- Dribbling
- Footwork
- Skill Development
- Shooting and Passing
- Basketball Terminology

For the Older Campers:

- Review of Fundamentals
- Setting and Using Screens
- Individual Moves
- Shooting and Passing
- Low Post Play

Coaches:

Jim Cherveney, LPHS Head Boys' Basketball Coach (jcherveney@lphs.net)

John Riva, LPHS Boys' Basketball Assistant Coach

Location: Sellett Gymnasium
541 Chartres St.
La Salle, IL 61301

Dates: See LPHS Summer Brochure for Start Dates and Times

Cost: \$50 ** The cost covers the skills camp and a camp shirt.

Complete and return the form below and submit payment prior to participating in the camp. Make checks payable to LPHS Boys Basketball.

2022 Cavalier Boys Summer Basketball Camp

Please submit payment along with this registration form.

STUDENT NAME (please print): _____

GRADE (Fall of 2022): 9 10 11 12 **t-shirt size:** S M L XL XXL

DISCLAIMER: Each camper must have his own insurance coverage. Each applicant is also encouraged to have had a physical check-up within the last year. Parent/guardian agrees to release LPHS staff of any/all claims due to injuries sustained at this boys basketball camp. Parent/guardian give permission to the physician selected by LPHS staff to secure medical treatment if need be.

Parent Name (please print)

Parent Phone Number

Signature of Parent/Guardian

Date

2022 Youth Boys Summer Basketball Camp

CAMP PURPOSE: For students entering grades 3 through 8, fundamentals skills appropriate for each grade level will be taught. The camp is designed to provide students with a foundation of skills in a fun and competitive environment.

Coaches:

Jim Cherveney, LPHS Head Boys' Basketball Coach (jcherveney@lphs.net)

John Riva, LPHS Boys' Basketball Assistant Coach

Location: Sellett Gymnasium
541 Chartres St.
La Salle, IL 61301

Dates: Monday, June 13th, through Thursday, June 16th
3rd-4th Grade 8:00 a.m. – 9:00 a.m.
5th-6th Grade 9:00 a.m. – 10:30 a.m.
7th-8th Grade 10:30 a.m. – 12:00 p.m.

Cost: \$50 ** The cost covers the skills camp and a camp shirt.

Complete and return the form below and submit payment prior to participating in the camp. Make checks payable to LPHS Boys Basketball.

2022 Youth Boys Summer Basketball Camp

Please submit payment along with this registration form by Friday, June 3rd.

STUDENT NAME (please print): _____

GRADE (Fall of 2022): 3 4 5 6 7 8 t-shirt size: YS YM YL
 S M L XL XXL

DISCLAIMER: Each camper must have his own insurance coverage. Each applicant is also encouraged to have had a physical check-up within the last year. Parent/guardian agrees to release LPHS staff of any/all claims due to injuries sustained at this boys basketball camp. Parent/guardian give permission to the physician selected by LPHS staff to secure medical treatment if need be.

Parent Name (please print)

Parent Phone Number

Signature of Parent/Guardian

Date

LaSalle Peru High School

LP Baseball Camp

June 27th through June 30th, 2022

Friday July 1st will be rain date

Ages: 2nd Grade to 7th Grade

TIME: 9AM-11AM

(Walk-ins are welcomed-please arrive 20 minutes before camp to register)

Clinic Information: The camp will be held at Oglesby Dickinson Field and instructors for the clinic will be LPHS coaches and players. Participants will include grade levels 2nd through 7th. This camp is open to all area baseball players and the campers will learn LPHS baseball techniques. Session will include the fundamentals of hitting, fielding, throwing, bunting, pitching, catching, and base running. Please wear proper baseball attire; **NO SHORTS OR JEANS.** You may bring your own equipment, or it will otherwise be provided. Campers will receive a camp T-shirt and baseball. Don't miss the opportunity to have fun and learn the Cavalier Way!! Please follow us on Twitter for camp information @cavalier_lp



(Please return this portion for sign up)

Name: _____ Age: _____

Address: _____ Phone: _____

Shirt Size: S M L XL Youth or Adult (Please Circle)

Camp Prices: 1 child-\$35, 2 brothers-\$60, 3 or more-\$80

Make Check Payable to: LP Baseball Program

Mail Payment to: LaSalle Peru High School

Attn: Matt Glupczynski
541 Chartres St.
LaSalle, IL, 61301

Questions: (Please contact)

Matt Glupczynski, Head Baseball Coach
Phone: 815-220-2717 ext. 717
Email: mglupczynski@lphs.net

DISCLAIMER: Each camper must have his own insurance coverage. Each applicant is also encouraged to have had a physical check-up within the last year. Parent/guardian agrees to release LPHS staff of any/all claims due to injuries or illnesses, including but not limited to COVID-19, sustained at the LPHS Summer Baseball Camp. Parent/guardian give permission to the physician selected by LPHS staff to secure medical treatment if need be.

Cavalier Baseball

LASALLE PERU HIGH SCHOOL

APT Summer Camp

June 6th 2022 – July 28th 2022 (8 weeks)

Any LP High School student is welcome (Incoming freshmen included)

The camp is offered at no charge to participants.

Students will be assigned an appropriate time based on grade level and previous experiences.

Camp Information: The camp will be 4 days per week (Monday –Thursday) and each time slot will be 1 hour in length. Time slots will be 6:00 am, 7:00 am, 8:00 am, and 9:00 am. Instructor for the camp will be L-P APT instructor and certified strength and conditioning specialist Kevin Keating. Participants will learn proper technique of the APT core lifts, along with other auxiliary exercises to prepare them for their upcoming athletic seasons. This camp is designed to assist student-athletes with maximizing their potential for performance and to help prevent injuries through strengthening exercises. It will consist of strength training, core engagement, joint mobility and stability, flexibility, and other elements that improve overall fitness. Don't miss out the opportunity to have fun, get stronger, and interact with your current and future teammates.

**PLEASE
REGISTER
EARLY!**

(Please return this portion for sign up)

Name: _____ Grade (Fall 2022): 9 10 11 12

Sports Student Participates In: _____

Address: _____ Parent Contact Number: _____

Parent Signature: _____ Date: _____

Questions: (Please contact)

Kevin Keating

Phone: 815-223-1721 ext. 762

Email: keatingk@lphs.net

DISCLAIMER: Each camper must have his own insurance coverage. Each applicant is also encouraged to have had a physical check-up within the last year. Parent/guardian agrees to release LPHS staff of any/all claims due to injuries or illnesses, including but not limited to COVID-19, sustained at LPHS APT summer camp. Parent/guardian give permission to the physician selected by LPHS staff to secure medical treatment if need be.

APT – “OUTWORK EVERYONE”