



# ROOKIE WEEK

September 3rd, 4th, and 5th  
at 5:30 to 6:30

*Join the ILVY Dolphins  
Swim Team!*



## WHY JOIN THE TEAM?

- ✓ Swimming is a lifelong skill
- ✓ Promotes strong work ethic and teaches self-motivation
- ✓ Individual sport In a team environment

## Register for Rookie Week

<https://www.signupgenius.com/go/10C044FA8A92DAAFF2-ilvy#/>

Email [katey@ivymca.org](mailto:katey@ivymca.org)  
for more Information

