



LOSTANT COMMUNITY UNIT SCHOOL DISTRICT 425

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Important Information About Head Lice

Dear Parents/Guardians,

During winter months, students tend to spend more time indoors in close quarters. This can spread head lice, especially if sharing winter gear. While head lice are a common occurrence among school-aged children, we understand the concern this may cause and want to provide you with important information on how to detect and treat them effectively.

Head lice are small, wingless insects that live on the scalp and feed on blood. While they do not spread disease, they can be irritating and uncomfortable. They spread primarily through direct head-to-head contact but can also be transferred through shared personal items such as hats, hairbrushes, and pillows.

What to Look For:

- Persistent itching of the scalp
- Small white or yellowish eggs (nits) attached to hair strands near the scalp
- Live lice, which are tiny and move quickly

What to Do If Your Child Has Lice:

1. **Check your child's scalp** – Pay close attention to the area behind the ears and at the nape of the neck.
2. **Use an effective treatment** – Over-the-counter treatments, prescription medications, and natural remedies are available. Follow instructions carefully.
3. **Remove nits** – A fine-toothed lice comb can help remove nits after treatment.
4. **Wash household items** – Clean bedding, hats, and hair accessories in hot water and dry on high heat.
5. **Notify the school** – Inform us if your child has lice so we can take appropriate precautions. Lostant School will follow the guidelines set forth by the LaSalle County Health Department and the CDC.

To help prevent the spread, please remind your child not to share personal items like hairbrushes, hats, and headphones.

If you suspect that your child has lice or need further guidance, please contact your healthcare provider. Thank you for your cooperation in keeping our school community healthy.

Sincerely,
Mrs. Courtney Klobucher
Principal